



July 2010



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|---|---|
| <p>Note: There will Be No Driver on Wednesday's. No Appointments</p> | <p>Happy Birthday Pricilla, Joanne, Jimmy, Mary G. Marie P., George & Esther</p> | <p>July is Wheelchair Beautification Month So if you would like to Dress up your Chair a bit Come to Arts & Crafts on Monday the 5th.</p> | | <p>1 10:00 Nob Hill Shopping 10:15 Exercise 11:00 Bookmobile 1:30 Cooking Class 3:00 Café Chat &Snack 6:30 Movie Night</p> | <p>2 9:00 Aerobics 10:15 Exercise 11:15 Wii 2:00 Church (Rec Rm) 2:00 Alligator Man Music 3:15 Café Chat &Snack</p> | <p>3 9:30 Walking 10:30 Games 1:30 Bingo 2:45 Matinee</p> |
| <p>4 Happy 4th 9:30 Walking 10:30 Exercise 12:00 Family BBQ (RSVP) 2:00 Bingo / Bocce ball 3:15 Café Chat &Snack 6:00 Movie</p> | <p>5 9:00 Aerobics 10:15 Exercise 11:15 Brain Games 1:30 Shopping 1:45 Arts & Crafts 3:00 Café Chat &Snack 6:30 Games in Cafe</p> | <p>6 9:15 Walking 10:15 Exercise class Bocce Ball Middle yard 11:15 Puzzles Games 1:30 Bingo 2:45 Reminiscing Time 3:00 Café Chat &Snack</p> | <p>7 9:00 Weight inn's (Nurse) 10:15 Exercise 11:15 Brain Games 1:30 Bingo 2:45 Computer Class 3:00 Café Chat &Snack 6:30 Movie Night</p> | <p>8 9:15 Walking 10:00 Nob Hill Shopping 10:15 Exercise 11:15 Brain Games/Wii 2:00 Eddie Show (New) 3:15 Café Chat &Snack 6:30 Games in Cafe</p> | <p>9 9:00 Aerobics 10:15 Exercise 11:15 Wii 1:30 Pretty Nails 2:45 Karaoke 3:00 Café Chat &Snack</p> | <p>10 9:30 Walking 10:30 Exercise 1:30 Bingo 2:45 Matinee</p> |
| <p>11 9:30 Walking 10:00 Communion 10:45 Exercise 1:30 Bingo 2:45 Weekend Movie</p> | <p>12 9:00 Aerobics 10:15 Exercise 11:15 Wii 1:30 Shopping 1:45 Arts & Crafts 3:00 Café Chat &Snack 6:30 Games in Cafe</p> | <p>13 9:15 Walking 10:15 Exercise 11:15 Brain Games 1:30 Bingo 2:45 Knitting / Crocheting 3:00 Café Chat &Snack</p> | <p>14 9:00 Aerobics 10:15 Exercise 11:15 Wiii Games 1:30 Bingo 2:45 Computer Class 3:00 Café Chat &Snack 6:30 Movie Night</p> | <p>15 9:00 Walking 10:00 Nob Hill Shopping 10:15 Exercise 11:00 Bookmobile 1:30 Cooking Class 3:00 Café Chat &Snack 6:30 Games in Cafe</p> | <p>16 9:00 Aerobics 10:15 Exercise 11:15 .Wii Games 2:00 Ms. Ann Show 3:15 Café Chat &Snack 4:00 Walking</p> | <p>17 9:30 Walking 10:30 Games 1:30 Bingo 2:45 Matinee</p> |
| <p>18 9:30 Walking 10:00 Communion 10:45 Exercise 1:30 Bingo 2:45 Weekend Movie</p> | <p>19 9:00 Aerobics 10:15 Exercise 11:15 Brain Games 1:30 Shopping 1:45 Arts & Crafts 3:00 Café Chat &Snack 6:30 Games in Cafe</p> | <p>20 9:00 Walking 10:15 Exercise class Bocce Ball Middle yard 11:15 Wii Games 1:30 Bingo 2:45 Swimming 3:00 Café Chat &Snack</p> | <p>2 9:00 Aerobics 10:15 Exercise 11:15 Wii Games 1:30 Bingo 2:45 Computer Class 3:00 Café Chat &Snack 6:30 Movie Night</p> | <p>22 9:00 Walking 10:00 Nob Hill Shopping 10:15 Exercise 11:15 Brain Games 2:00 Rita Beach Show 3:15 Café Chat &Snack 6:30 Games in Cafe</p> | <p>23 9:00 Aerobics 9:30 Garlic Festival Outing 10:15 Exercise 2:00 Swimming 3:00 Café Chat &Snack 4:00 Walking</p> | <p>24 9:30 Walking 10:30 Exercise 1:30 Bingo 2:45 Matinee</p> |
| <p>25 9:30 Walking 10:00 Communion 10:45 Exercise 1:30 Bingo 2:45 Weekend Movie</p> | <p>26 9:00 Aerobics 10:15 Exercise 11:15 Brain Games 1:30 Shopping 1:45 Arts & Crafts 3:00 Café Chat &Snack 6:30 Games in Cafe</p> | <p>27 9:00 Walking 10:15 Exercise 11:15 Brain Games 2:00 Residents Council 2:45 Ice cream Sundays 3:00 Café Chat &Snack</p> | <p>28 9:00 Aerobics 10:15 Exercise 11:15 Wii Games 1:30 Bingo 2:45 Computer Class 3:00 Café Chat &Snack 6:30 Movie Night</p> | <p>29 10:00 Nob Hill Shopping 10:15 Yoga Exercise 11:00 Bookmobile 1:30 Cooking Class 3:15 Café Chat &Snack 6:30 Games in Cafe</p> | <p>30 9:00 Aerobics 10:15 Exercise 11:15 Games 1:30 Bingo 3:00 Café Chat &Snack 4:00 Walking</p> | <p>31 Summer Concert #2 Starting at 2:00 The OG's Time for some Old Rock & Blues</p> |